

Pregnancy Health and Safety Risk Assessment

This pro forma risk assessment (RA) is intended to be compiled by the assessor in discussion with the pregnant woman. It can also be used by a pregnant member to prepare for a meeting to discuss the RA. Although any pregnancy RA should be completed jointly, the responsibility for the RA and the control measures sits solely with the employer.

Pregnancy Risk Assessment for:		Completed by:						
Expected Due Date:		Trimester:	1st		2nd		3rd	
Date of Risk Assessment:		Date of Scheduled Review*						

**as a minimum, the RA must be reviewed in each trimester and more frequently if circumstances change*

	Yes/No	If yes, describe	Control measures in place	Further control measures recommended
Physical job demands				
Lifting or carrying?				
Bending or standing for long periods?				
A lot of walking?				
Using stairs?				

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	Yes/No	If yes, describe	Control measures in place	Further control measures recommended
Need to access limited space?				
Agility/dexterity required?				
Do you feel safe on break duty?				
Mental job demands				
Challenging deadlines?				
Emotional demands?				
Specific causes of stress?				
Challenging pupils?				

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	Yes/No	If yes, describe	Control measures in place	Further control measures recommended
Working conditions				
Toilets easily accessible?				
Able to take toilet breaks when needed?				
Able to take rest breaks when needed?				
Risk of violence or aggression from visitors?				
Risk of violence or aggression from pupils? If Yes, do they have a behaviour plan/ individual risk assessment?				
Are classrooms overcrowded?				
Any obstacles to impede fire escape?				

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	Yes/No	If yes, describe	Control measures in place	Further control measures recommended
Room temperatures reasonable?				
Ventilation effective?				
Seating – suitable height and support?				
Specific hazards				
Exposure to infectious diseases? e.g. rubella, chicken pox, parvovirus				
Covid-19				
Use of hazardous chemicals? (see examples of risk phrases below)				
How are you currently feeling?				

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	Yes/No	If yes, describe	Control measures in place	Further control measures recommended
Are you experiencing morning sickness?				
Do you have any other concerns not covered?				
Has your medical professional given you any specific advice or guidance that should be recorded in your RA?				
Any other comments				

Some examples of risk phrases

(See the labelling or data sheets supplied with chemicals.) (Refer also to the section on COSHH in the Health and Safety Reps Handbook.)

R40: possible risk of irreversible effects	R61: may cause harm to the unborn child
R45: may cause cancer	R63: possible risk of harm to unborn child
R46: may cause heritable genetic damage	R64: may cause harm to breast-fed babies

In all aspects of health and safety, gender stereotyping, such as exaggerating differences between men and women, should be avoided. The NASUWT supports the gender-neutral approach, which considers issues sensitively and in context.

Signed (assessor):

Date: