

Teach First



Welcome to the teaching profession and congratulations on starting your training through the Teach First programme.

The NASUWT is here to support you through your training and throughout your teaching career.

The NASUWT is a democratic trade union and the only union dedicated to supporting and representing teachers.

Teachers have distinct conditions of service, distinct professional standards and entry qualifications, and distinct professional roles and responsibilities. Being a member of the NASUWT means that you are protected by a union that understands the issues affecting you, and by a union that is committed to putting teachers first.

Here to help

The NASUWT is here to provide help and assistance in your professional life.

By joining the NASUWT, you will have access to:

- first-class legal and professional advice and support during your training;
- representation from experienced and trained NASUWT representatives;
- opportunities to network with other teachers;
- free professional development seminars, including our nationally recognised Finding Your First Teaching Post and national and regional NQT events;
- local, regional and national meetings and events.



Exclusive benefits

Members can benefit from:

- more than 200 lifestyle benefits and discounts;
- access to a range of financial products and services including financial advice and preferential insurance rates;
- legal advice on non-employment issues;
- the NASUWT benevolence fund, created to provide short-term financial assistance to members and their dependants.



Training and development

As a member, you will be able to take advantage of the free training and events provided by the NASUWT, including:

- use and abuse of technology;
- behaviour management;
- teachers and the law;
- dealing with stress;
- voice care;
- working assertively.

Ask your Teach First Co-ordinator to contact the NASUWT to arrange for any of these modules to be included in your training programme.

Before you qualify, make sure you register for one of the free NASUWT Preparing for Your First Teaching Post seminars, which take place across the UK.

Each seminar includes:

- voice care;
- dealing with stress;
- behaviour management;
- latest developments in education;
- successfully navigating performance management, and much more.

**To reserve your place
visit**

www.nasuwt.org.uk/seminars

NASUWT  **CYMRU**
Undeb yr Athrawon The Teachers' Union



A World of Difference

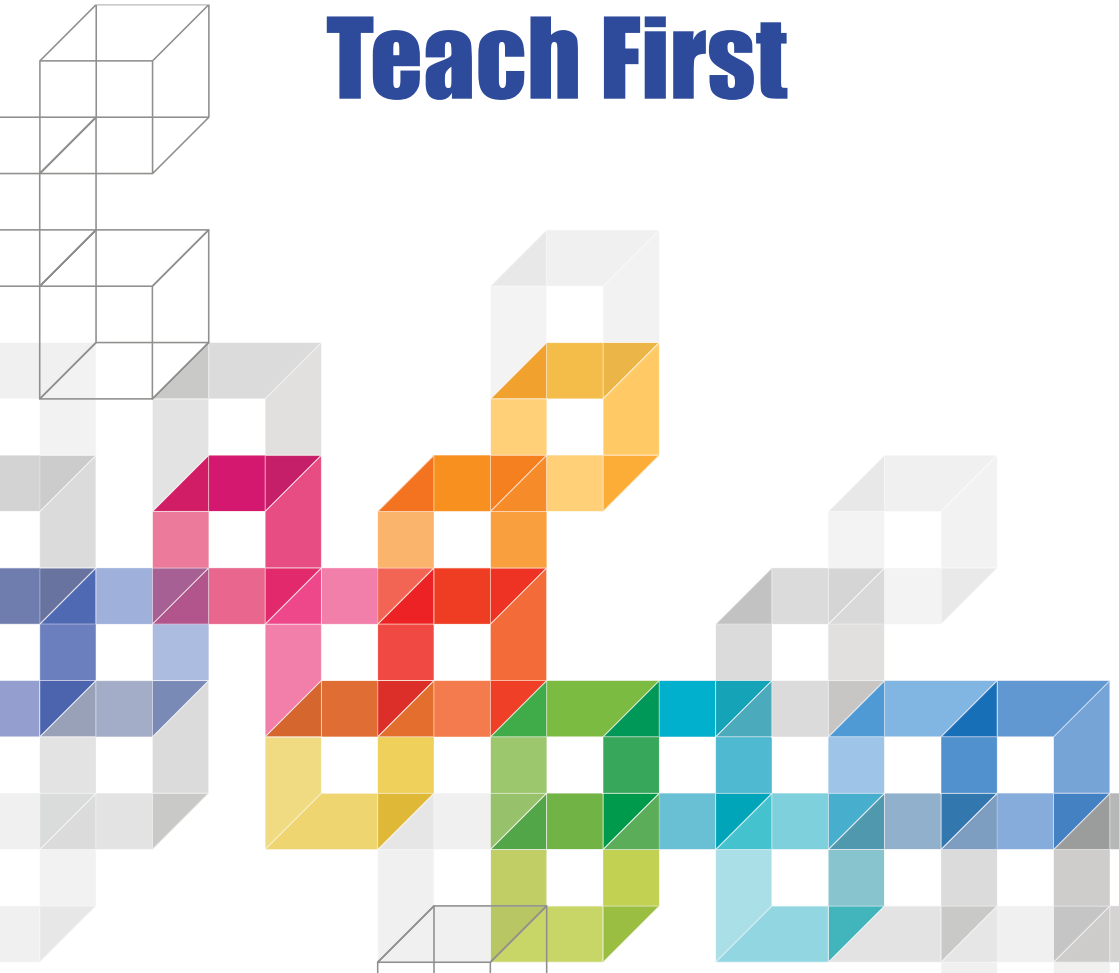
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Teach First



Croeso i'r proffesiwn addysgu a llongyfarchiadau i chi ar gychwyn eich hyfforddiant drwy'r rhaglen Teach First.

Mae NASUWT yma i'ch cefnogi drwy eich cyfnod hyfforddi a thrwy gydol eich gyrfa addysgu.

Mae NASUWT yn undeb llafur democrataidd a dyma'r unig undeb sydd wedi ymrwymo i gefnogi a chynrychioli athrawon.

Mae gan athrawon amodau gwaith arbennig, safonau proffesiynol a chymwysterau mynediad arbennig, a rolau a chyfrifoldebau proffesiynol arbennig. Mae bod yn aelod o NASUWT yn golygu eich bod yn cael eich amddiffyn gan undeb sy'n deall y materion sy'n effeithio arnoch chi, ac sydd wedi ymrwymo i roi athrawon yn gyntaf.

Rydym yma i'ch helpu

Mae NASUWT yma i roi help a chymorth i chi yn eich bywyd proffesiynol.

Drwy ymuno â NASUWT, byddwch yn gallu cael gafael ar:

- gyngor a chymorth cyfreithiol a phroffesiynol o'r radd flaenaf yn ystod eich cyfnod hyfforddi;
- gynrychiolaeth gan gynrychiolwyr hyfforddedig a phrofiadol NASUWT;
- gyfleoedd i rwydweithio gydag athrawon eraill;
- seminarau datblygu proffesiynol rhad ac am ddim, sy'n cynnwys ein seminar 'Dod o Hyd i'ch Swydd Addysgu Gyntaf' sy'n adnabyddus drwy'r DU, a digwyddiadau cenedlaethol a rhanbarthol i athrawon newydd gymhwyso;
- gyfarfodydd a digwyddiadau lleol, rhanbarthol a chenedlaethol.



Buddiannau unigryw

Gall aelodau elwa o:

- fwy na 200 o ddisgowntiau a buddiannau i'w dull o fyw;
- a chael gafael ar amrywiaeth o gynhyrchion a gwasanaethau ariannol, sy'n cynnwys cyngor ariannol ac yswiriant ar gyfraddau ffafrïol;
- gyngor cyfreithiol am faterion nad ydynt yn ymwneud â chyflogaeth;
- gronfa les NASUWT sydd wedi'i chreu i roi cymorth ariannol tymor byr i aelodau a'u dibynyddion.



Hyfforddiant a datblygiad

Fel aelod, byddwch yn gallu manteisio ar yr hyfforddiant a'r digwyddiadau y mae NASUWT yn eu darparu'n rhad ac am ddim, yn cynnwys:

- defnyddio a chamddefnyddio technoleg;
- rheoli ymddygiad;
- athrawon a'r gyfraith;
- delio â straen;
- gofal llais;
- gweithio'n hyderus.

Gofynnwch i'ch Cydlynnydd Teach First gysylltu â NASUWT i drefnu i gynnwys unrhyw rai o'r modiwlau yma yn eich rhaglen hyfforddi.

Cyn i chi ennill eich cymhwyster, cofiwch gofrestru ar gyfer un o seminarau am ddim 'Paratoi ar gyfer Eich Swydd Addysgu Gyntaf' NASUWT, a gynhelir ledled y DU.

Mae bob seminar yn cynnwys:

- gofal llais;
- delio â straen;
- rheoli ymddygiad;
- y datblygiadau diweddaraf ym maes addysg;
- sut i lywio drwy'r broses rheoli perfformiad yn llwyddiannus, a llawer mwy.

I sicrhau eich lle, ewch i
www.nasuwt.org.uk/seminars

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